

# EYELIGHTS

## News from C & A Hurst Opticians 2011

**Welcome** to the ninth edition of our 'Eylights' newsletter. Thank you for all your positive **comments** on our newsletters, we are pleased you enjoyed reading our news.

### **Toby**



Toby's first walk 6.2.11, 3 months old

Toby was born on November 4<sup>th</sup> 2010 and made his new home with us on Jan 2<sup>nd</sup> 2011. He quickly settled into his new routine of eating, sleeping, eating, meeting patients, going on walks, eating, remodelling the garden and going to obedience classes!!



Toby at Paxton Pits 26.11.11, 1 year old

### **Katrina's Graduation**

Katrina completed her Honours degree in Professional Dance and Musical Theatre with a 2:1 from The Urdang Academy in London in May this year. She worked for four months in Cyprus in a small group of hotels as an entertainer, teaching Zumba 6 days a week, and appearing in shows 4 nights a week. Since her return, Katrina has set up three Zumba classes in the St Neots area, has returned to her local dance school as a teacher and works part time at New Look!! Well done Katrina!!



Katrina's Degree Ceremony November 2011.



**Frances** passed her A Levels in the Summer and is now completing her first term at Reading University, taking a four year Masters degree in Maths. Well done Frances!!

## Caroline

Caroline has been lecturing and teaching in the UK, US and Denmark this year. Caroline has been Chairman of BABO, the British Association of Behavioural Optometrists, for the last seven years. She stood down from her Chairmanship in September this year at the 20<sup>th</sup> Anniversary meeting she had organised at Oxford University. The event had speakers from the UK and US together with delegates from the UK and Europe. A highlight of the meeting was the 20<sup>th</sup> Anniversary Banquet at Christ Church College, which has been filmed as the Great Hall in the Harry Potter films!!



## Lincoln to Newcastle

Once again Alan, along with his colleagues from the Rotary Club of St Neots St Marys, have been hitting the cycle trail. This year they cycled from Lincoln, heading north, over the Humber Bridge, and up through Yorkshire to cross the N York Moors. Passing through Middlesbrough, they crossed the River Tees on the famous Transporter Bridge (photo), before following the coast up to South Shields, and finally on to the finish at Newcastle. Overall £2500 was raised by the team, and this was split between Alzheimers Reaearch UK, Leukaemia & Lymphona Research, and Phace. A big thank you from Alan and the team, to everyone that has sponsored the bike ride.



## Go Extra Dark

At last!! Here are some photochromic lenses that work inside a car!!

Transitions® EXTRAActive™ are adaptive lenses that darken to a 90% tint when outdoors, at 23°C and also give sun protection behind a car windscreen (Up to a 50% tint). Indoors they have a light comfortable tint. Available in grey, these lenses also absorb 100% of harmful UVA & UVB rays. Transitions® EXTRAActive™ are available both as single vision, and varifocal lenses.



## Old Unwanted Specs?

We are happy to take any old, unwanted spectacles for you as they can be re-used by Vision Aid Overseas. The spectacles are sorted, checked and cleaned by the Prison Service before being taken to Africa, particularly Ghana, Ethiopia, Zambia and Uganda, by volunteer optometrists.

## Opening Hours

	AM	PM
Monday	Closed	Closed
Tuesday	9.00-1.00	2.00-5.30
Wednesday	9.00-1.00	2.00-5.30
Thursday	9.00-1.00	2.00-5.30
Friday	9.00-1.00	2.00-5.30
Saturday	9.00-1.00	Closed

## Merry Christmas and a Happy New Year

### Christmas Opening

We will close at 1.00pm on Saturday 24<sup>th</sup> December 2011, and reopen again at 9.00am on Thursday 29<sup>th</sup> December 2011.



C & A Hurst Opticians,  
359, Great North Road,  
Eaton Ford, St. Neots,  
Cams, PE19 7HN.

Tel 01480 406002, Email:  
info@candahurstopticians.co.uk